



39th Annual Freestyle Tournament
Longest Continuous Freestyle Tournament in North Carolina
Saturday, March 21st, 2026

St. Stephens High School, 3205 34th Street Drive, NE, Hickory NC 28601

<p align="center"><i>All USA Boys & Girls Age Divisions</i> <i>(Including Open Division)</i> https://www.usawmembership.com/age_group_weight_chart</p>	<p align="center"><i>AWARDS</i> <i>Saint Wrestling Freestyle Medals for Freestyle only</i> <i>USA Medals for Folkstyle</i></p>
<p>"Athlete Membership" USA Card Required USA Cards Available on line https://www.usawmembership.com Cost of card is \$65.00 Note: "Limited Folkstyle Membership" are Valid for the Folkstyle Youth Groups And A "Full Membership" Card Required for High School Groups Dated "2026" On Site Weigh In Only at 7:30 - 8:45 AM Morning Session Begins Shortly after Weigh In on Four Mats</p>	<p align="center">You Must Pre-Register On-Line before Friday March 20th, 2026 at 10:30 PM Registration Limited to the first 375 Go to www.newrestling.org Go to The right side of the page. Scroll down to our event Click on "St. Stephens Freestyle Open" Click on the red bar that says "Click Here to Register for St. Stephens" Entry Fee \$30.00 General Admission 12 and up is \$10.00 5 to 11 is \$5.00</p>

Sub-Cadets Wrestle Modified Folkstyle
 "Limited Folkstyle Membership" Allowed
6U=2020-2021 8U=2018-2019, 10U=2016-2017, 12U=2014-2015, 14U=2012-2013
Cadets and Up will Wrestle Freestyle
"Full Membership" Card Required
16U=2010-2011, Jr=Juniors born 9-1-2006 & after, plus enrolled in grades 9-12
Master A = Born 1992-2001 and Out of High School

<p>Scan to go to registration</p>	<p align="center">Fresh and Hot Bojangles Bacon-Egg-Cheese Biscuits, Sausage Biscuits, Pizza, Hamburgers-Cheese Burgers, Hot Dogs, Bar-B-Q, French Fries, Nachos, Candy, and Drinks</p> <p align="center">NO COOLERS ALLOWED IN SCHOOL</p>
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